

**BAINBRIDGE OMETEPE SISTER ISLANDS ASSOCIATION
VOLUNTEER DELEGATE**

**DISCLOSURE OF RISKS AND DANGERS
ASSUMPTION OF RISK**

Disclosure of Risks and Dangers

The Bainbridge Ometepe Sister Islands Association (hereafter known as BOSIA) provides the opportunity for individuals to visit our sister island of Ometepe, Nicaragua, to stay in commercial lodgings and/or with a family there, and to engage in such activities which are in accordance with our stated purpose of developing peaceful exchanges and friendship between the peoples of the two islands. In order to carry out this purpose, the Volunteer Delegate will live and travel while in Nicaragua as the local people do, which may expose (them) him or her to concomitant risks. The list below does not cover every conceivable risk, but is intended to be representative:

General Risks and Dangers: There are general risks associated with travel of any sort. In addition, in Nicaragua there may be additional risks and dangers:

Transportation: Standards of transportation safety, including but not limited to the following, are lower in Nicaragua than in the U.S., and are outside the control of BOSIA: the condition, maintenance and safety requirements of surface, air, and water vehicles; the condition, maintenance and policing of roads, airways, and waterways; training and licensing of vehicle operators; requirements for personal safety such as seat belts; travel in the back of an open truck; provision for rescue operations in case of accident; and general safety standards with respect to any aspect of public or private transportation.

Health and Sanitation: Standards of health and sanitation are lower than in the U.S. As a result, the Volunteer Delegate may be exposed to contaminated food and water and to other medical problems and diseases endemic to the area, including but not limited to those discussed during orientation sessions or in private meetings.

Medical Care: While there are doctors and clinics in Nicaragua and on Ometepe which can provide basic medical care, appropriate medical care under some conditions outside the control of BOSIA will be limited or unavailable for the following reasons: limited medical supplies and facilities to treat a condition that otherwise might be manageable, inadequate training of medical personal, limited or non-existent diagnostic tools and laboratories, lack of an ambulance or other medical transportation, and limited or non-existent communication systems such as radio or telephone.

Bites: Delegates may be exposed to poisonous snakes, insects, spiders, scorpions, etc. Mosquito bites may cause Malaria or Dengue Fever.

Other Conditions: Various other types of risks and dangers occur in Nicaragua, including but not limited to the following: inadequate supply of life preservers on boats, lack of lifeguards at public swimming places, fewer police and other enforcement officials, sexual assault, other criminal or terrorist activity, political unrest, personal or family conflict, uncontrollable disease epidemics, volcanic eruptions earthquakes, hurricanes, floods, or mudslides. Unknown and/or unanticipated risks may be encountered during the trip.

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Assumption of Risk

I the undersigned Volunteer Delegate understand that the risks described above exist, and that as a result there is the possibility of serious illness, disability, accident, or even death. I have read completely the "Disclosure of Risk" info above and I have had the opportunity to ask questions about the risks and dangers associated with such a trip. I understand these risks are inherent in the trip, and as a condition of participation in the trip I hereby assume the risks and dangers associated with such a trip voluntarily and without any coercion of any kind.

While participating in the trip I agree to carry my own medical insurance and to take responsibility for decisions regarding my personal medications, medical care, procedure, or treatment for any illness or accident. I understand that BOSIA strongly recommends that I consider taking out a travel insurance policy (available through most travel agents) that covers trip cancellation, medical expenses, and/or evacuation, if needed.

Release and Hold Harmless Agreement

I hereby release and agree to hold harmless, and to indemnify to the fullest extent allowed by the law of the State of Washington, the Bainbridge Ometepe Sister Islands Association, its members, volunteers, Board of Directors, and the chaperones from all claims for liability and damages resulting from the trip, whether arising from their own fault or otherwise. This Release and Hold Harmless Agreement extends to damages for economic loss, property damage, personal and bodily injury, and death. I/we recognize that there may be hazards encountered or injury or damages incurred which we did not foresee at the time we signed this Release and Hold Harmless Agreement, but it is nevertheless my/our intention that this Release and Hold Harmless Agreement apply to such injury or damages

First Name_____ Last Name_____ Mid.Initial____

SIGNATURE OF VOLUNTEER DELEGATE

DATE